

The SPIRIT of GRACE

Oct 2010

GRACE EPISCOPAL CHURCH
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Carthage MO 64836
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Regular Events...

Sunday

- Holy Eucharist 8 & 10:30
- Acolyte Practice 9
- Sunday School 9:15
- La Santa Misa 12
- Estudio Biblico 1:30

Monday

- Tapping Toodle-Oos 8:30
- Narcotics Anonymous 7

Tuesday

- Men's Social @ St Luke's 10
- Coro en Espanol 5

Wednesday

- Choir Practice 5:30
- Holy Eucharist 6
- Dinner, Youth Groups & Bible Study, 6:30

Thursday

- Holy Eucharist @ St Luke's 2
- Friends Anonymous 4

Friday

- Holy Eucharist 10

Saturday

- Altar Guild 9
- Holy Eucharist 5
- Estudio Biblico 7

Oct Coffee Host

Tom & Anita Flanigan

Pray for the upcoming Bishop election, to be held Sat, Nov 6, in KC, and for the candidates:

***Fr. Peter Casparian,
Fr. Martin Field, &
Fr. Dan Smith***

From the Rectory: The Rev. Steven C. Wilson

Harvest. That is, we are told by the "authorities" on such things, the theme that underlies All Saints' Day (and, by extension, All Hallows' Eve, Oct 31). Halloween is an attempt by the Church to coopt a pagan Celtic harvest festival, right? Of course, the authorities rarely bother to inquire why a northern European holiday would celebrate harvest a full month or more after the harvest in the British Isles is over, or why a supposedly Celtic holiday would first be celebrated by the Church not in Ireland or Scotland, but in most un-Celtic Rome...

The choice of November 1 for celebrating all the saints has nothing to do with Irish paganism. It has to do with Roman politics. In 609 AD, Pope Boniface IV re-consecrated the Pantheon in Rome (the temple of "All the Gods") as a church in honor of Blessed Mary the Virgin and All Martyrs. The day of the consecration, May 13, became a festival of all the saints. Unfortunately, it coincided with a popular Roman pagan holiday, the "lemuria." People being people, the old customs of pagan

parties started creeping into the new Christian holiday. So a century later, Gregory III moved relics of numerous saints from the Pantheon to another building on November 1 and declared that the holiday had moved with the bones. The date of All Saints has nothing to do with harvest, and nothing to do with Celtic paganism. It is purely coincidental that, as the Roman bishop's authority grew in the medieval period, this holiday fell on a pagan festival about which, we can be fairly sure, neither Boniface IV or Gregory III had ever heard. (And just for the record, Irish Samhain doesn't fall on Nov 1, but within about two weeks either way!)

So, what are All Saints', All Hallows' Eve (the "after dark" vigil of All Saints') and All Souls' (the festivity of Nov 2) about? If not about harvest or Celtic custom, what then?

In origin, Christianity is profoundly Jewish. And it is common for Jews to pray at the tombs of the righteous dead. The Holy Land is littered with shrines to famous rabbis and

Continued back page

OCT BIRTHDAYS

- 1 Michael Wilkowski, David Hertzberg, Kenneth Evans, Chris Hunter
- 2 Bill Lee
- 3 Jeff Bell, Kathy Williams
- 4 Ron Ferguson, Sharyn Lee, Robert Denning
- 5 Cathy Thompson
- 7 Silvia Lopez, Dr. Paul Carr
- 8 Pam White Schaffer
- 9 Kirk Pierce
- 10 Kenneth Johnson, Sue Godsey, Richard Foshay
- 11 Lage Grigsby
- 12 Dick Rush
- 13 Madison Kyger, Robin Frink
- 14 Blake Cameron
- 15 Crystal Stiles, Wesley Campbell Sr.
- 16 Eric Ferrell
- 17 Charlyn Mansfield
- 18 Tasha Welch Evans
- 19 Brad Cameron, Michael Sneed, Adrienne Wyczynski
- 20 Naydean Kuhns, Katy Snodgrass
- 21 Dale Hopp, Donna Bowman
- 22 Lexy Martin
- 23 Michael Cartright, Steve Jespersen
- 24 Jim Brown, Omer Vasquez
- 25 Harry Kester, Charlyn Kester, Cathy Hauser
- 26 Marshal Estes, Theo Estes, Will Mansfield
- 27 Pat Cowan
- 28 Scott Stone
- 29 Julio Ovalle, Shayne Bruce

ANNIVERSARIES

- 17 Roy & Bonnie Douglas
- 18 Chris & Beth Kang
- 20 Tom & Kelly Hartzell
- 23 Dale & Cathy Moomaw
- 30 Joseph & Susan Barfield

VESTRY UPDATE

At the Sept 21 meeting, the following was discussed:

Fr. Wilson: Bishop election updates and discussion of farewell gifts for Bishop and Mrs. Howe.

Deacon Galen: Our school in Haiti is preparing for graduation—the rate is about 50%. Since 2005 we have sent over \$3600 to Heifer International.

Deacon Jeff: The Literacy Center distributed 800 mums from our parking lot on Sept 18.

Fr. Palma: When Bishop Howe visits Noel next month, we expect 11 confirmations.

Senior Warden: Gary took part in the national Church's "webinar" on planned giving, which had useful information for future stewardship efforts.

Junior Warden: Carolyn informed us that the new sign out front was ordered and in. The framing on the new windows for the nave is to be composite material, and these should start going in fairly soon. A motion was accepted to do the same material for the sacristy windows, for no more than \$12,000, which would mean all windows in the entire plant have been replaced in the last decade.

Treasurer: Larry informed us that August was a slow month. Year to date, we are running a \$15,000 deficit. This is almost entirely due to pledges which are slow in coming in.

Stewardship Report: Michael Goolsby, Kevin Johnson and John Schaffer will serve on a follow-through committee for our stewardship drive. The new brochure format for the pledge letter was distributed, discussed and edited. The high points are: our income must be enhanced to meet future needs (including an unavoidable 50% hike in insurance, which is coming in the next two years). If everyone does a little extra (\$3 weekly per adult), we will meet our goal of staffing with two full-time priests. We would like 100% response, even if people are unable to pledge.

Next meeting: 5:30 p.m. Tuesday, October 19

A reminder: 4 new Vestry members will be elected in Jan. Any confirmed communicant aged 16, in good standing, and "known to the Treasurer" may stand for election. Please see the nominations committee (Jeanne Goolsby, Keri Kirby and Scott Mansfield) to nominate.

The PARISH PRAYER LIST

TRANSITIONS, Sept 2010

Helen Rogers, Jean Berry, Amanda McClanahan, Mary Helen Dunaway, Dorothy Taylor, Dorothy Solomonson, Carolene Kelly, Gerri Green, Juanita Pence, Evelyn Jackson, Harley Madsen, Michelle Short, Lois Raschke, Tom Adams, Jim Brown, Jerry Chrisman, Bill Hansford, Art Dunaway, Jean Page

Jackie Cato, Ann Geisert, Naydean Kuhns, Dennis Connell, Stacy Chapman, Dr. Dorothy Bay, JJ Hight, Dick & Kay Rush, Quincy Charleston, Carolyn Ford, Erlinda Morales, Aidan Powers, Bob Vancil, Avery Watts, Carrie Gideon, Jean Page, Sydney Amato, Tommy Land, Troy Stovern, Gene Donell, Keith Shaw, Robin McHenry, Meredith Family, Dr. Susan Marquis

(Military service) Zaq Archer, Randy Ayers, Dane Bell, Jake Berger, Jeffrey Carnes, Nathan Chandler, Tim Cousatte, Jake Douglas, Michael Franco, Cameron Graham, Adam Hertzberg, Danny Hughes, Rich Jones, Eric Leek, Joey Olson, Garrick Palermo, Trey Schesser, Grant Short, Doug Snodgrass, Paul Tucker, Allan Vaughan, Devon Walker, Toby Walters, Gary Welch, Josh Wilson, Jeffrey, Brandon Collins

The Anglican Cycle of Prayer

Dioceses of: Ife East, Ifo, Igbomina, Ihiala, Ijebu, Ijebu North, Ijesha North, Ijumu, Ikara, Ikeduru, Ikka, Ikwerre, Ikwo, Ikwuano, Iluja, Ile-Oluji, Ilesa, Ilesa Southwest, Ire-Eseodo, Isiala-Ngwa South, Isiala-Ngwa, Isikwuato (*Nigeria*), Indianapolis, Iowa (*USA*), Iran (*Middle East*), Jabalpur (*North India*), Jaffna (*South India*)

Diocesan Cycle of Prayer

St. Johns Church, *Springfield*, Christ Church, *St. Joseph*, St. Phillip's Church, *Trenton*, Christ Church, *Warrensburg*, All Saints' Church, *West Plains*

New Addresses, Etc

Jackie Cato, Wichita, KS
Ashley Heidlage, , Springfield
Kaylee Washburn, Carthage
Justin & Kelsey Baucom,
Andrew & Sabrina, Tristan & Trenton Lynch,
Webb City *Samantha Vaughn*, Joplin
Bob & Susan Young, Joplin
Mikey & Latoyia Robertson, , Oronogo
Justin Slates, Oronogo

Newcomers

Jenny Shallenburger, Joplin

Congratulations to...

Kaselyn Lana Connell, born Aug 26, granddaughter of *Julie & Dennis Connell* & greatgrandmother *Sheila Tryk*

William Gabriel Speck, born Sept 13, son of *Elizabeth & Gabriel Speck*, grandson of *Dorothy Bay Brian & Sandy Jones* on their new grandson Gavin Issac , born July 2, and new granddaughter, Adeline Nicole, born, Sept 2

Allison Elizabeth Rhymer, born Sept 27, daughter of *Jennifer & Austin Rhymer*, granddaughter of *Glenda & Loren Erwin*

Jasper Diggs, baptized Sept 11

Marriages

Andrea Michelle Nelson and *K.C. Hagenseiker* was on August 21

The Faithful Departed

Mary R. (Hozdik) Hamar, mother of *Dr. Denise Hamar*, entered into eternal life Sat, Sept 11, buried from the Church Tues, Sept 14

Helen Mason, stepmother of *Kelly Roske*, entered into eternal life Aug 31 Maria Santana, mother of *Mercedes Palma*, entered into eternal life Sept 26

From the DEACONS' DESK: Getting Back to Normal
The Rev. Galen Snodgrass

All summer I said and heard the following comments. "Once we get past the month of August temperatures will get back to normal. When school starts we can have a more normal schedule. All I have to do is get past the anniversary of the loss of (blank); then I should feel normal." Oh, how we long for normal. So what is normal?

As a child, normal was portrayed on television through the characters on Leave It to Beaver, Lassie, and Bonanza. Normal was playing by the rules and birth parents raising two or three children who ate three healthy meals a day, went to school learning all they needed to know, were polite to all, visited grandparents, attended church, and had straight teeth - okay only one had to have braces. Once we turned old there would be a Boy Scout or Girl Scout to help us in our moment of need. This was a childish notion that is laughable in my role as chaplain working with the sick and the elderly.

Today the ill, elderly, poor, and the healthy always talk of getting back to normal. The ill say, "Once I get out of the hospital I can return home where I'll get better with just a little bit of help." Two weeks later, guess who is back at McCune Brooks with the same infection, looking a bit weaker.

Then there's the elderly who have lost a mate who say, "When the Social Security Office sends that check, and I can pay those bills and change a few things in the house, my life will get back to normal."

The poor are always looking for that next good job or the rich relative to leave them money. Then they'll be on top for just long enough to see improvement of lifestyle.

Most of us who are healthy know how often we talk of our lives getting back to normal once X, Y, or Z occurs. Once we get the kids in school. Once I retire. When the Carthage Tigers beat the Webb City Cardinals on the gridiron.

This year in my Clinical Pastoral Education (CPE) Class, I will be focusing on a special project. The project is for me to explore the habits of the chronically ill, assessing what they are or are not doing that returns them to the hospital. Medically we call these individuals "non-compliant." Once a mindset has been identified, I'm to work with them from a spiritual aspect to explore a new normal. But it's not always the ill who are pursuing normal or being non-compliant.

My experiences inform me that we often are trying to get back to normal. The reality is that normal moves, changes, or is never coming back. What I know is that I'm often required to explore a new normal with an entirely new set of rules, guidelines, and lifestyle.

History reminds us that normal is always changing on us. What was normal in 1950 isn't normal in 1960 or 1990. The little I know is normal for a brief period of time, then boom! A new normal shows up for us.

What is normal is our need to be connected to and with something, which is why I believe in our Lord Jesus Christ. He's normal because He has been one of us, died for us, and rose again for us. Normal is wherever He is and where He is at work in the world. Then it is our responsibility to meet together as a community with great regularity to talk about where Christ has brought normalcy into chaotic lives. When we do, we will be given the opportunity to experience a new and different normal with The Trinity. It occurs when He abides in us and we abide in Him.

OCTOBER 2010

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
8, 10:30 am Holy Eucharist 9 am Acolyte Practice 9:15 am Sunday School 12 pm Spanish Eucharist	7 pm NA "Clergy day off" 8:30 am Tapping Toodle-Oos	10 am Men's Social Hour, St Luke's 7 pm Spanish Choir practice	5:30 pm Choir Practice 6 pm Holy Eucharist 6:30 pm Dinner, Youth Groups, Bible Study	2 pm St Luke's Eucharist 7 pm Spanish Prayer Group	10 am Holy Eucharist <i>All Fridays are observed by special acts of discipline and self-denial. BCP 17</i>	5 pm Holy Eucharist 7 pm Estudio Biblico
<i>Season: Pentecost Color: Green (except Oct 18, 23 & 28, red, and after dark Oct 31, black)</i>					1 Remigius	2 5:30-7:30 pm Oktoberfest
3 XIX PENTECOST Proper 22 1-3 pm Jr Hi Youth Event in Monett 5 pm Pet Blessing	4 Francis of Assisi	5	6 William Tyndale	7	8 Noon Encore Club	9 Robert Grosseteste 6 pm Council on Arts dinner
10 XX PENTECOST Proper 23 4 pm Cihal/ Lynch wedding	11 Philip the Deacon	12	13 7 pm Maple Leaf Sing	14 Sam'l. Scherenschensky	15 Teresa of Avila 4 pm Bishop Candidates at St. Luke's	16 Latimer, Ridley, and Cranmer MAPLE LEAF PARADE
17 XXI PENTECOST Proper 24	18 ST LUKE	19 Henry Martyn 5:30 pm Vestry	20	21	22 6:30 pm Movie	23 ST JAMES of JERUSALEM 10 am Deanery Meeting
24 XXII PENTECOST Proper 25 3 pm Baby Shower	25	26 Alfred the Great	27 3 pm Folding Party 6 pm All Hallows' Service & Costume Blessing	28 SS SIMON & JUDE	29 James Hannington and his Companions	30
31 XXIII PENTECOST Proper 26						

SPEAKING OF HEALTH: NURSE BARBARA MOUNTJOY

I recently discovered an article regarding the loving connections of friendship and how they protect us from sickness and sadness. It didn't have a lot of hard facts, so I began to dig a little deeper and hope you agree with me that it is a very interesting field of study. Friendships strengthen you physically and mentally, making you healthier and happier. It seems that, in addition to making life more enjoyable, friendships help you become—and stay—healthier. In fact, research suggests having close companions makes it easier to cope with stress and bounce back from hardship. Researchers are starting to pay attention to the importance of friendship and social networks in overall health. Harvard researchers reported that strong social ties promote brain health as we age. “In general, the role of friendship in our lives isn't terribly well appreciated,” said Rebecca Adams, a professor of sociology at the University of North Carolina. “There are just scads of stuff on families and marriage, but very little on friendship. It baffles me. Friendship has a bigger impact on our psychological well-being than family relationships.”

Let's concentrate on the health benefits; having friends makes us less susceptible to colds and harmful inflammation. I thought that was strange, but having friends means you are around people who don't live in your house, so you build up immunity to germs you didn't generate on your own. Camaraderie can help healing from life-threatening illnesses. In a recent study involving 2,411 people who had heart attacks, researchers at Yale found that women who had the highest levels of social support had a better quality of life, better physical functioning and fewer depressive symptoms than those with the least social support. The same appears to be true of breast cancer. In a recent book, The Girls From Ames: A Story of Women and a 40-Year Friendship, Jeffrey Zaslow tells the stories of lifelong friendships. One of 11 women said she received more comfort and information from her friends than her doctor or family. In fact, she feels her friends were an essential factor in her treatment and recovery. Research bears her out. In 2006, a study of 3,000 nurses with breast cancer found women without close friends were *four times* as likely to die from the disease as women with 10 or more friends.

Australian scientists said having friends in old age can do more for life expectancy than having family members nearby. This Australian Study of Aging began in 1992 in Adelaide. The team looked at participants' survival rates over the following decade, checking after four years, and then at three yearly intervals. It was found that close contact with children and relatives had little impact on survival rates over the 10 years. Those with the strongest network of friends and acquaintances were statistically more likely to be alive at the end of the study than those with the fewest. One researcher states the benefits may be due to the fact people could choose their friends, as opposed to family members. Friendship is an undervalued resource. The consistent message is that friends make your life better.

An interesting suggestion is found at the end of one article: “befriending schemes have been developed for people with depression.” Those of us at Grace Church have our own “befriending scheme” in place. We have many opportunities each week to befriend one another. As we grow older we begin to lose our friends through death and inability to transport ourselves, so we must *continue* to develop new relationships. Those of us still mobile need to notice who is “missing” from worship or other activities around the church. Give them a call and see if they could use a lift to their spirit or a lift to church. If you are in need of a friend to laugh with and pray with come to the Friends Group on a Thursday afternoon. There is a whole field of friends here with the extra added benefit of prayer for one another, something those other “schemes” may not have.

UNITED THANK OFFERING

AtTENtion and greetings to all at Grace Church. In honor of October 10, 2010, or 10/10/10, see if you can answer the following “10” questions:

1. Moses was the first to break these:
2. F. W. Woolworth opened the first of this kind of store:
3. Agatha Christie wrote a play named:
4. David Cameron, his wife, Samantha, and baby live at:
5. John Tyler was the:
6. Kelly LeBrock was one more than this in “The Woman in Red”:
7. Alexander Hamilton’s picture is on this:
8. Another name for bowling is:
9. Title of a 1930 Rodgers and Hart song. _ _ _ _ “That’s what they pay me:”
10. The number of years in a decade is:
11. A segment on David Letterman’s show is the:
12. One of the eight states that borders Missouri is:
13. Quizzes such as this can cause one stress or:
14. The Bill of Rights contains the:
15. Housing and Urban Development is:
16. Virginia was the:
17. Something made of tin or aluminum is the traditional gift for the:
18. 2nd Samuel:
19. Ephesians:
20. This is west of Chelsea Park in NYC:

The United Thank Offering provides a personal and meaningful way for us to help others across our country and the world through annual grants given in Christ’s name. Through our daily prayers and contributions of thankfulness for the little things in our lives, Grace Church donated \$985.12 last fall and \$1,005.68 this spring.

If you have never donated to UTO before, won’t you consider donating a coin or a bill for each of the above questions you answered correctly? If you have all ten fingers and toes, won’t you consider donating a coin or a bill for each? If you can walk ten steps, ten blocks, or ten miles (in a week), won’t you consider donating to UTO in gratitude for that? Thirty-eight families donated last spring. Won’t you join them in being thankful for the good things in your life?

Our Fall Ingathering will be Sunday, October 10, 2010, or 10/10/10. Won’t you remember to thank God each day for the gifts He gives you by praying and putting coins in your UTO box? Let your heart be thankful to Him for your brain, your physical health, and all of the little things in your life. Thanks be to God!

Doris Sample
UTO Coordinator

EUCHARISTIC MINISTERS: OCT 2010

<p style="text-align: center;"><i>Sunday, Oct 3</i> <i>8 am</i></p> <p>Reader: Kelly Roske Chalice: Wayne Ytell Subdeacon: Larry Ross Server: Richard Roske Sacristan: Jinny Hopp</p> <p style="text-align: center;"><i>10:30 am</i></p> <p>OT: Debbie Jones NT: Mark Sponaugle Chalice: Rayella Lindsay Subdeacon/ Acolyte Mentor: Brad Cameron Servers: Jackie Spencer <i>Capt</i> Quincy Charleston Cross: Tom Simmons Torches: Jay Simmons Emma Charleston Sacristan: Donna Lane Ushers: Larry McGuire Richard Ralston AV: Elisa White Home Comm: Ytell/Ross - L. Orr</p>	<p style="text-align: center;"><i>Sunday, Oct 10</i> <i>8 am</i></p> <p>Reader: Glenda Erwin Chalice: Larry Ross Subdeacon: Wayne Ytell Server: Kirby Newport Sacristan: Jeanie Slates</p> <p style="text-align: center;"><i>10:30 am</i></p> <p>OT: Bonnie Jones NT/ Chalice: Margie Tucker Subdeacon: Michael Goolsby Acolyte Mentor: Michele Sexton Servers: Carlie Wakefield <i>Capt</i> Julio Ovalle Crosses: Matt Goolsby Torches: Ashleigh Wilson Sarah Wilson Sacristan: Beth McDaniel Ushers: Mike Robertson Jim Creighton AV: Jim & Colby Wakefield Home Comm: Galen/Michael - G. Cordell</p>	<p style="text-align: center;"><i>Sunday, Oct 17</i> <i>8 am</i></p> <p>Reader: Kelly Roske Chalice: Wayne Ytell Subdeacon: Larry Ross Server: Brad Cameron Sacristan: Jinny Hopp</p> <p style="text-align: center;"><i>10:30 am</i></p> <p>OT: Marty Griffin NT: Jerry Sample Chalice: Chuck Edds Subdeacon: Bonnie Jones Acolyte Mentor: Elisa White Servers: Madeline Marsden <i>Capt</i> Ellen Stiles Salchow Crosses: Will Mansfield Torches: Katie & Taylor Mansfield Sacristan: Beth McDaniel Ushers: Frank Lane Steve Erwin AV: Mike Robertson</p>
<p style="text-align: center;"><i>Sunday, Oct 24</i> <i>8 am</i></p> <p>Reader: Dana Cameron Chalice: Larry Ross Subdeacon: Wayne Ytell Server: Nancy Dymott Sacristan: Carolyn Phelps</p> <p style="text-align: center;"><i>10:30 am</i></p> <p>OT: Julie Anderson NT: Bill Lee Chalice: Bonnie Jones Subdeacon: George Platt Acolyte Mentor: Elaine Wurst Servers: Cecilie Washburn <i>Capt</i> Drew Schesser Cross: Oliver Sprenkle, Sydney Harlen Torches: Alex & Anna Wilkowski Savannah & Wesley Campbell Sacristan: Jeannie Slates Ushers: Claude Newport AV:</p>	<p style="text-align: center;"><i>Sunday, Oct 31</i> <i>8 am</i></p> <p>Reader: Kelly Roske Chalice: Wayne Ytell Subdeacon: Kirby Newport Server: Nancy Dymott Sacristan: Carolyn Phelps</p> <p style="text-align: center;"><i>10:30 am</i></p> <p>OT: Mark Sponaugle NT: Michael Goolsby Chalice: Michael Goolsby Subdeacon: Tom Flanigan Acolyte Mentor: Elaine Wurst Servers: Nancy Dymott Michele Sexton Cross: Richard Roske Scott Stone Torches: Kirby Newport Elaine Wurst Sacristan: Donna Lane Ushers: Jim Wakefield, Jeff Dymott AV:</p>	<p style="text-align: center;"><i>Saturdays, 5 pm</i></p> <p><u>Oct 2:</u> Reader/Chalice: Scott Stone Sacristan: Beth McDaniel</p> <p><u>Oct 9:</u> Reader: Jimmy Grimes Sacristan: Donna Lane</p> <p><u>Oct 16:</u> Reader: Jack Slates Chalice: Scott Stone Sacristan: Jeanie Slates</p> <p><u>Oct 23:</u> Reader: George Platt Sacristan: Carolyn Phelps</p> <p><u>Oct 30:</u> Reader: Glenda Erwin Sacristan: Jinny Hopp</p> <p style="text-align: center;"><i>Wednesdays, 6 pm</i></p> <p>Sacristan: Barbara Mountjoy</p> <p><u>Oct 6:</u> Reader: Julie Anderson Chalice: Ron Ferguson</p> <p><u>Oct 13:</u> Reader: Scott Stone Chalice: Scott Stone</p> <p><u>Oct 20:</u> Reader/Chalice: Bonnie Jones</p> <p><u>Oct 27:</u> Reader: Glenda Erwin Chalice: Margie Tucker</p>

ENCORE CLUB

Fri, Oct 8 Noon

RSVP \$5 per person

Chefs: Fr. Steve & Barbara Mountjoy
Program: Carthage Library director
Jennifer Seaton talks about the new library and it's expanded mission

RELAY for LIFE

Fighting Cancer AND Hunger!

Sun Oct 17, during the Maple Leaf Parade, our Relay for Life team 2011 will sell donuts, hot chocolate and water in the Nearly New parking lot. Join us for refreshments there!

The world is filled with changes and chances. Make sure your little friends are spiritually equipped to face whatever life throws at them!

**The Blessing of
the Pets**

The Church Barking Lot

Sunday, Oct 3, 5 pm

&

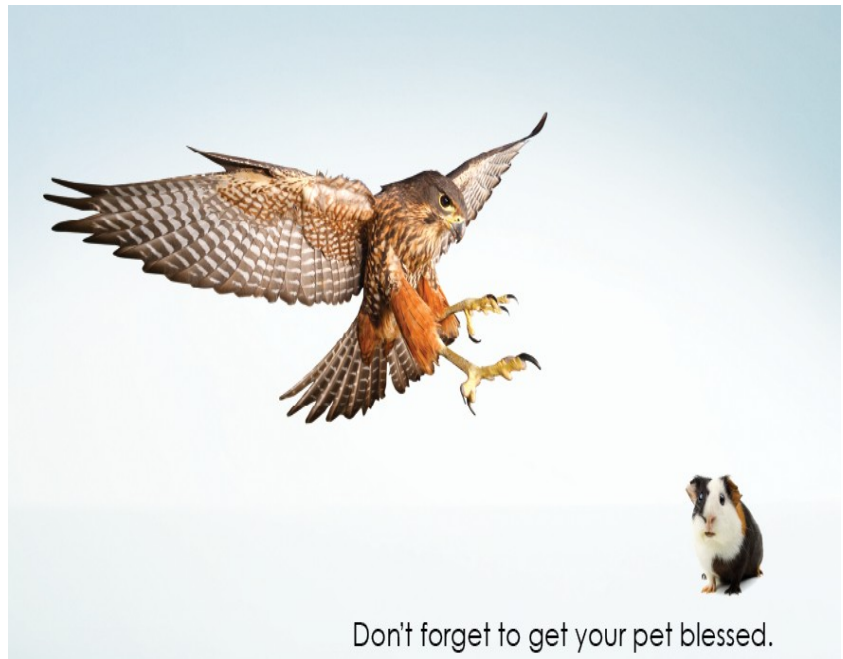
The Carthage Humane Society

Tuesday, Oct 5, 2 pm

MOVIE NIGHT

Fri. Oct 22 6:30 p.m.

Alice in Wonderland, a 2010 release, starring Johnny Depp, Helena Bonham Carter, Anne Hathaway, Crispin Glover, Alan Rickman & Mia Wasilkowska. Alice, aged 19, returns to Wonderland to avoid an arranged marriage and finds that, since her childhood, things have gone very, very awry. While not shown in 3-D, Tim Burton's adaptation is still a psychedelic whirl through the mind of Lewis Carroll, better known to Episcopalians as the Rev. Charles Dodgson. Bring a young friend, a magical snack (*cookies that make you grow large, anyone?*) and a sense of humor!



Don't forget to get your pet blessed.

The St. Gregory Choir are a part of this year's Maple Leaf Gospel Sing. Join them as they go *Down to the River to Pray* at the Carthage R-9 Auditorium at 7 pm on Wednesday, October 13. All regular Wed night activities WILL be held that evening for those who are not gospel music fans.

EDUCATION

Introduction to Centering Prayer

“Be Still and Know That I am God”; Sat Oct 9

Speaker: Susan Komis, Pastoral Minister

Registration: 8:30 am; Workshop: 9am-3pm at

Immaculate Conception Church Springfield, MO

Registration Fee of \$20 includes workshop, all

follow up sessions and if you register before Oct

5, a free boxed lunch. Scholarships Available.

Please contact Mary if you have questions at

(417) 822-9856 or maryshan@att.net. Registra-

tion forms available at church office.

Sunday School

Our Sunday School is divided into four groups and begins at 9:15, after 9 am Acolyte Practice:

Kindergarten & Pre-K: Trish Charleston (upstairs Spencer Hall, in “Jerusalem”)

Elementary (1-4): Elaine Wurst & Donna Bowman (upstairs Spencer Hall, in “Africa”)

Middle (5-8): Teri Diggs (upstairs Spencer Hall, in “India”)

Senior High (9-12): Nancy Dymott & Elisa White (downstairs Spencer Hall) Adults meet at 9:15 in the Parish House to discuss the *Catechism from the Prayer Book*, the basic doctrines of the Episcopal Church.

Wednesdays

Wednesday night groups: 7 to 8:15 pm.

Younger Elementary (K-3rd): Becky Edds & Sylvia Sprenkle

PBJ (4th –6th): Jeanne Goolsby & Catherine Marsden

Junior High (7th & 8th): Mike Goolsby, Keri Kirby, Madi Kyger

Senior High (9th-12th): Steve Erwin, Debbie Hertzberg

Young Adults: Library

Adult Bible Study: Parish House (*Basic Bible*)

STEWARDSHIP

Pledge Season

By the time you receive this, you ought to have also received a pledge brochure, outlining how we budget, what a pledge is, and what our financial opportunities and challenges are as a parish. Please pray, fill in and return your pledge card to the parish as soon as possible. Even if you are unable to make a firm commitment (a “pledge”) for 2011, we ask that you return the card marked in that fashion so we are aware that you have received and considered this important aspect of financial stewardship.

Bishop’s Retirement

After 11 years as diocesan (“ordinary”) bishop of West Missouri, the Rt. Rev. Barry R. Howe will enter a different category, “bishop resigned,” in March 2011. As a sign of our gratitude to him and to Mrs. Howe for their leadership of our common life, the Diocese is collecting gifts to be sent, in their honor, to the orphanage in Palapye, Botswana, our companion diocese. We ask that you prayerfully consider making a contribution to this gift in the coming months; the check should be made to “Grace Church: Bishop.” This will be officially presented at a farewell Evensong to be held at our Cathedral in KC next February, which is being planned by Fr. Ted Estes.

TITHE

A “tithing” is one-tenth. This is the amount of one’s resources which both Bible (Deut 14:22, etc) and the Episcopal Church say should be set aside for *godly purposes* (usually defined as worship, the needs of the poor, and the community). Not all of it need come to the parish, but certainly a portion ought to. Are you growing toward tithing in your life?

FELLOWSHIP

THEATER PROJECTS

Our annual dinner theater will be in February 2011, just before Valentine's Day! If you'd like to be part of the play, whether as an actor, technician, or kitchen staff member, please see our director, Jennifer Cartright, or Fr. Steve in the coming weeks. Be prepared for yet another original twist in our ongoing tradition of "world premiere" theater from the pens of parish celebrities! New to our theatrical ministry this year will be a child-and-family focused musicale around the theme "What Does Christmas Really Mean?" This original performance will be held in December, the week prior to Christmas, and will be a shorter, dessert and coffee, production. See the Rector or Robert Denning for information.

Oktoberfest

Sat, Oct 2, from 5:30-7:30. Brats, red cabbage, hot potato salad, onion tart, and all the traditional sides! \$10 for adults, \$6 kids 12 and younger. Come early—this was a massive sellout last year! There might even be one or two available "German beverages," if one is of age. And continuing in our theme of "dinners from the Axis Powers," don't forget....

A Night in Italy

Tickets are still available for the Council on the Arts Night in Italy, Sat, Oct 9. There will be music by Dr. Andrews, Fr. Steve and Kelly Musick, a fabulous Italian meal, and a silent auction of various and sundry items! That's *amore, miei amici...*



The Blessing of the Costumes and All Hallows' Festival will be on Wednesday, October 27.

Come in church-appropriate costumes to the spooky service at 6, and enjoy terrifying treats at the Boo-ffet afterward.





Mental Health First Aid Missouri Faith-Based Initiative

Mental health issues can affect anyone:

YOUR spouse, YOUR children, YOUR neighbors, YOUR coworkers

Could you help someone exhibiting behaviors that may indicate these disorders?

**** Obsessive-Compulsive **Post-traumatic Stress **Substance Abuse Crisis
Depression **Suicidal Thoughts **Eating Disorder **Bipolar

Mental Health First Aid (MHFA) is a 12-hour course that teaches people how to give first aid to individuals experiencing a mental health crisis situation and/or who are in the early stages of a mental health disorder. Participants learn the signs and symptoms of the most common mental health problems, where and when to get help, and what type of help has been shown to be effective. *MHFA does not train a person to be a therapist or make a diagnosis.* Attendees learn to give comfort and provide assistance in accessing help.

The Department of Mental Health and the Ozark Center are pleased to offer the opportunity to receive this valuable training, along with a resource manual. You are invited to bring school supplies or non perishable food items on a love offering basis. The real cost to attend is a commitment to use the training in the future! Participation in all six sessions is required for CEUs and for the certificate. (\$15 fee if CEUs are desired.)

When: Thursdays 6-8 PM beginning October 14th (Pre registration required) Oct. 14, 21& 28; Nov. 4, 11 & 18th

Where: Grace Episcopal Church 820 Howard in Carthage, Missouri

For more information or to register, contact Barbara Mountjoy through the Church Office at 417-358-4631 or via email office@gracecarthage.org.



Mental Health First Aid is an initiative of Missouri's Office of Mental Health Transformation, funded by a five-year grant from the federal Substance Abuse and Mental Health Services Administration. Additional information on Mental Health First Aid and the

Transformation initiative is available at www.motransformation.com. Funding for this project was provided by the Missouri Foundation for Health. The Missouri Foundation for Health is a philanthropic organization whose vision is to improve the health of the people in the communities it serves.

ANSWERS to the UTO 10/10/10 Quiz: 1) The Ten Commandments, 2) 5 and 10 ¢ store, 3) Ten Little Indians, 4) Number 10 Downing Street, 5) 10th President of the USA, 6) A perfect ten, 7) \$10 bill, 8) Ten Pins, 9) “Ten Cents a Dance,” 10) 10, 11) Top Ten List, 12) Tennessee, 13) tension, 14) First 10 Amendments, 15) 10th Cabinet Department, 16) 10th State in the Union, 17) 10th Wedding Anniversary, 18) 10th Book in the Old Testament, 19) 10th Book in the New Testament, 20) Tenth Avenue



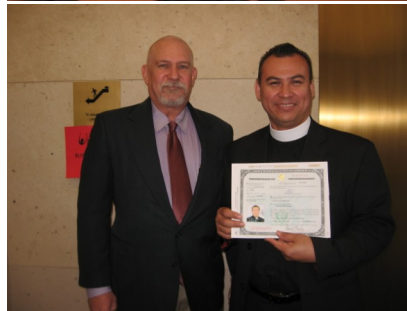
Ah, those lazy days of summer...don't you miss them, now that they're over? From left, Deacon Jeff closely supervises the acolytes at White Water (annual acolyte trip, August 21). Several of the acolytes strut their liturgical stuff in the wave pool. An impromptu procession forms to chant the Great Litany around the snack bar.

ALL SAINTS NAMES

The necrology will be read as part of the prayers on Sunday, October 31. Please **PRINT** the **FULL NAMES** of those faithful departed you wish to have named at Eucharist on that day, and return them to the office by October 24. Please **DO NOT** give us names like “Mr & Mrs A.B. Cedeyeff.” Instead, print out “Albert & Betty Cedeyeff.” We will pray the first names! Put your name at the bottom with your phone number so we can check out the spelling if there is a problem.

DEANERY

Grace Church will host the southern deanery here on Sat, Oct 23, at 10 am. The morning begins with Holy Eucharist and ends with a business meeting, which will focus on the bishop election in November and other business of the Convention.



Congratulations, Fr. Jose Palma and Norma Ovalle Hernandez who were naturalized as American citizens.

Above: Norma receives her papers from the Federal Judge on Wed, Sept 22.

Below: Fr. Palma beams after registering to vote on Thurs, Sept 16.

OUTREACH

AL-ANON & NA

Do you know someone with a drug problem? Narcotics Anonymous meets at Grace Church in the basement of Spencer Hall each Monday at 7 pm. Al-Anon is a meeting for those whose lives have been affected by a problem drinker. A new group is forming on Mondays at 6 pm meeting at the northwest corner of 6th & Lyon. Information is on the parish bulletin board outside the office for those interested, and all meetings are open and completely confidential.

NEARLY NEW

Many of our outreach projects are funded by the sale of gently used clothing at the Nearly New Shop. Speak to Cindy Chilton or Carolyn Cole about donations (you can receive money back on consignment or make a tax-deductible contribution) or to volunteer for a 3-hour shift once a month. *“I would like to thank everyone who helped with the handbag sale. I wanted to start with 100 bags and ended up with 213 handbags. It was Great! This month is jewelry sale month, so if you have any jewelry to get rid of, please bring it by the shop. We are taking fall clothes and we have received a large amount of luscious sizes 1x-6x. Let everyone know and check us out. Cindy”*

ST LUKE'S

Join us for men's fellowship each Tuesday morning at St. Luke's Nursing Center at 10 a.m. See Chuck Erwin for details. **Each Sat morning, we need volunteer bingo callers** to help with the social highlight of the weekend at St. Luke's. See Richard Roske for details.

DONATIONS TO HEIFER

This month a \$160 check was sent to Heifer International for one sheep and a bundle of trees. Since 2005 Grace Church generously has given \$3,650 or 14, 600 quarters. We've purchased llamas, rabbits, chicks, ducks, geese, pigs, goats, sheep, bee hives, bundles of trees, a water buffalo, a bull, and a cow. We reached numerous villagers in eight countries for eleven different projects. Thank you for your continued support, one quarter at a time.



*Above: Tracy Wilkowski, one of our two new moms, shares Conner with those who came to the Sept 12 baby shower. Also in a starring roll, baby Jasper Diggs and Mom Teri.
Below: A surfeit of boys means a blue cake!*



Join the next round of Grace Church infants and new moms, including infants (girl) Rhymer and (boy) Speck, at the third installment of 2010's "Stork Bonanza" baby showers, to be held Sun, Oct 24, at 3 pm.

PLATICANDO en ESPAÑOL: PADRE JOSE PALMA

El Despertar del Yo Interno en el Cristianismo.

Un objetivo de muchas tradiciones espirituales, incluso de terapias no religiosas, es descubrir el yo interno, la verdadera identidad, a la vez que se minimiza al ego. En la tradición cristiana, lo encontramos en los místicos alemanes medievales o en S. Juan de la Cruz. Más recientemente, la base de la obra de Thomas Merton trata sobre la falsa identidad o Perdición y el descubrimiento de la verdadera identidad o Salvación: “Este real ser interior tiene que ser sacado como una joya del fondo del mar, salvado de la confusión de la indistinción, de la inmersión en lo común, lo trivial, lo sórdido, lo evanescente. El libre hijo de Dios tiene que ser salvado del conformista esclavo de la fantasía, la pasión y el convencionalismo. El ser íntimo creador y misterioso tiene que ser librado del ego pródigo, hedonista y destructor que solo busca cubrirse con disfraces”.

El camino es largo pero el primer paso es buscar momentos de silencio y soledad, desde una vida con una orientación espiritual adecuada: “El yo interno es tan secreto como Dios. Todo lo que podemos hacer por medio de alguna disciplina espiritual es producir en nuestro interior algo del silencio, de la humildad, del desapego, de la pureza del corazón y de la indiferencia que se requieren para que el yo interno haga alguna tímida e impredecible manifestación de su Presencia”. En el cristianismo la búsqueda del yo interno no es sino un paso hacia la experiencia de Dios: del “Espíritu que nos santifica, descubriéndolo como el que nos habita y reza en nosotros sin que sepamos cómo, pero que está ahí alentando el ritmo de la vida. “Para los cristianos hay un abismo metafísico infinito entre el ‘Yo’ de Dios y nuestro ‘yo’ interno. Con todo, nuestro ‘yo’ más íntimo existe en Dios y Dios mora en él. (...) Por eso la experiencia mística cristiana no es sólo un caer en la cuenta del yo interior sino además, mediante una intensificación sobrenatural de la fe, una comprensión experiencial de la presencia de Dios en nuestro yo interno.” Y por supuesto no hay ejercicio ni técnica que nos haga entrar en relación con Dios; pero “según la tradición mística cristiana no podemos encontrar el propio centro y conocer a Dios mientras estemos enredados con las preocupaciones y deseos del yo exterior”. Un medio de acercarnos a nuestro yo interior, es simplemente estar sentado en silencio y a solas, con una respiración tranquila, viviendo el momento presente desde nuestro interior, sin pensamientos. Es una de las diferentes formas de meditar. Es importante que no busquemos nada, ningún efecto maravilloso o místico, que simplemente nos abramos a nuestro interior. Luego podemos subir un escalón y abrirnos a la presencia de Dios en nosotros. Y permanecer así al principio 3 o 4 minutos e irlo ampliando paulatinamente hasta lo que podamos, siempre que estemos relajados y en silencio, por ejemplo 15 o 20 minutos.

The minister of the Congregation is directed to instruct the people, from time to time, about the duty of Christian parents to make prudent provision for the well-being of their families, and of all persons to make wills, while they are in health, arranging for the disposal of their temporal goods, not neglecting, if they are able to leave bequests for religious and charitable uses.

The Book of Common Prayer,

Page 445

In these times of complex inheritance and tax laws, it is imperative to plan ahead for the distribution of your financial assets after death. Rest assured that the Federal Government has its own plans for the disposition of your assets—if you fail to make a will or trust, that plan will take effect, favoring the Government over your personal priorities. We encourage you to work with a qualified lawyer or financial planner in drafting your wishes. Remember that, in many instances, careful thought can make it possible to leave charitable gifts without significantly reducing what is left to one's family. Should you decide to leave a gift for the future ministry of Grace Church, here are some ways to do so:

The Perpetual Trust: A permanent fund administered by a committee appointed by the Vestry. The principal (the actual amount contributed) is untouchable, but income may be used for the parish's needs. Investment is in a balance of equities and fixed incomes, mainly mutual funds.

The Carthage Community Foundation, Diocese of West Missouri Foundation and Episcopal Church Foundation: Funds which administer individual accounts for the greater good of various bodies. The principal is untouchable, but income may be directed to particular purposes. Grace Church has three accounts: for operating expenses, youth ministry and building needs, with the Community Foundation, and small accounts with the diocesan and church foundations.

Where is your will/trust?

Where are the keys to your lock box?

What are the numbers and companies of your life insurance policies?

In case of illness, the Minister of the Congregation is to be notified.

The Book of Common Prayer,

Page 453

Insurance: Are you adequately insured for medical expenses, including income replacement in the event of catastrophic illness or disability? Are you eligible for Medicare or Medicaid, and if so, are your total deductibles and coverage (including supplements) financially sufficient?

What is my health insurance policy?

Medical Powers of Attorney: If you were unable to make your own medical decisions because of illness, who would you like to do so? Are there specific restrictions you would like that person to know about (*do you want a feeding tube? ventilator? all heroic measures or none?*). Make SURE that these are drafted by a lawyer!

Who is my designated power of attorney?

Where are my legally binding wishes written down?

Guardianship: In the event of a tragedy, who will raise the children?

What lawyer has this information?

Where is the letter I've already drafted for my kid(s) on their graduation, engagement and marriage in case I'm not there to tell them myself?

Extended Care: Hospitals are not the only option anymore, but your family won't know your wishes if you've not expressed them.

What would you prefer if you were diagnosed with a lengthy terminal illness?

Pastoral Care: ALWAYS ask the hospital to contact the clergy when you are admitted.

What is your legal first name?

FINAL PLANS: Return to the Parish Office

Your Full Name

Birthdate

Where is your will or other legal paperwork?

Where is your power of attorney, living will, etc?

Who will make arrangements for the funeral?

Which funeral home?

Where do you wish to be buried?

SERVICE DETAILS

The funeral service is a worship service. Only religious music may be played (*see note below*)

We strongly discourage eulogies by family or friends during the service.

Open coffin is not permitted.

Music I would like played by the organist (customary honorarium \$50-\$75)

If there is something special you'd like played ("not in the hymnal or other standard Episcopal Church music") **please find a copy of sheet music now and provide it for the file.** Finding pieces at the last minute is very difficult.

On occasion, a non-religious piece of music may be played during the sermon as an "illustrative point" by arrangement with the Rector. **Such arrangements are not binding on future clergy of the parish.**

Hymns: Do you want the congregation to sing? What?

Solos/Performance Pieces: Is there someone you would like to sing, and if so, what? What about instruments in addition to organ?

Rite One ("thee thou") or Rite Two ("you")

Communion?

Scripture preferences: Any passage will work. The Book of Common Prayer makes suggestions on pages 470-480, 494-495. If there is Communion, a Deacon or Priest **MUST** read the Gospel.

Altar Flowers are provided by the family of the deceased. If you would like, we will order the flowers for you and have the bill sent to the family. If so, are there particular flowers, or a particular florist, you'd like?

No flowers other than altar flowers are allowed in the Church during funerals.

Is there a memorial you'd like established in lieu of flowers?

Are there particular people you'd like to have a role (as readers, ushers or chalice bearers)?

From the Rector, page one

saints. Women who want a child go to Rachel's tomb to pray; anyone who's anyone goes to Abraham and Sarah's tomb to pray; rabbinical students go to Gamaliel's or Akiva's tomb to pray before tests. And the early Church, being Jewish, undoubtedly went to Jesus' tomb for the same reason. "It's just what we do" (and it's also, coincidentally, what makes the resurrection stories so totally plausible—there would have been praying at the tomb!)

Christians prayed surrounded by the dead from the earliest days. Their Jewish heritage made it second nature. And when the Church gained Gentile converts, they found that the only safe place to pray was in cemeteries—the Romans would punish almost any Christian act of worship, but if you were in a cemetery, you could always claim to be following legal Jewish rites of mourning the departed. That's why there are catacombs all over the Christian world—they were safe places for worship. When the Church crept out of the catacombs following our legalization and began to worship in custom-built buildings, we had 3 centuries of custom to overcome, custom which said that prayer happened with the dead about. That's where relics come from, and churchyards filled with tombstones, and crypts with knights in armor laid out under the flagstone floors of medieval churches.

And so, of course, these days. The dead surround us—they are, after all, as Jesus Himself assures us, "alive in God." (Luke 20:38) All Saints' and Co. are about remembering that. They remind us that we are all in this together, that in God, time as well as sin has been conquered, and that although we may not see them right now, that those we love, and those we have not yet come to love, aren't really gone, just silent. All Saints' isn't harvest—it's community. We aren't commemorating that the task is over and the barns filled; we're recollecting that the community, including those on another shore, are all in this together. Rest eternal grant to them, o Lord...

READINGS in OCT

Fri, Oct 1-2: Hosea 10:1-11:9, Acts 21:37-22:29

Sun, Oct 3, XIX PENTECOST, Proper 22: Lamentations 1:1-6, II Timothy 1:1-14, Luke 17:5-10

Mon, Oct 4-Sat, Oct 9: Hosea 14:1-9, Micah 1:1- 5:15, Acts 22:30-25:27, Luke 6:39- 8:25

Sun, Oct 10, XX PENTECOST, Proper 23: Jeremiah 29:1, 4-7, II Timothy 2:8-15, Luke 17:11-19

Mon, Oct 11—Sat, Oct 16: Micah 7:1-7, Jonah 1:17-4:11, Acts 26:24-28:31, Luke 8:40-9:50

Sun, Oct 17, XXI PENTECOST, Proper 24: Jeremiah 31:27-34, II Timothy 3:14-4:5, Luke 18:1-8

Mon, Oct 18, ST LUKE: Ecclesiasticus 38:14, 6-10, 12-14, Luke 4:14-21, 2 Timothy 4:5-13

Tues, Oct 19—Fri, Oct 22: Ecclesiasticus 6:5-7:14, 10:1-18, 11:2-20, Revelation 7:9-9:21, Luke 10:1-42

Sat, Oct 23, St. JAMES of JERUSALEM: Acts 15:12-22, I Corinthians 15:1-11, Matthew 13:54-58

Sun, Oct 24, XXII PENTECOST, Proper 25: Jeremiah 14:7-10, 19-22, II Timothy 4:6-8, 16-18, Luke 18:9-14

Mon, Oct 25, - Sat, Oct 30: Ecclesiasticus 19:4-17, 24:1-12, 28;14-26, 31:12-32:2, 34:1-35:17, Revelation 11:1-14—13:18 Luke 11:14-12:48

Sun, Oct 31, XXIII PENTECOST, Proper 26, Vigil of All Saints: Ecclesiasticus 44:1-10, 13-14; Revelation 7:2-4, 9-17; Matthew 5:1-12

PATRONAL FEASTS

Please pray for the following on their "name days"

Oct 18: St Luke's Hospital System, KC & surrounding areas; St. Luke's Home, Carthage; St. Luke's Church, Excelsior Springs